

Some plants providing nectar for butterflies, commonly grown in various regions of NZ

| Scientific name | Common name | Comments |
|--|---|--|
| <i>Achillea millefolium</i> | Yarrow | Perennial. Range of colours. |
| <i>Ageratum houstonianum</i> | Ageratum, floss flower | Perennial |
| <i>Buddleja</i> spp. | Summer lilac, butterfly bush | Shrub/tree. NOT <i>B. davidii</i> , a pest plant in the wild. However, there are other species of <i>Buddleja</i> , and <i>B. davidii</i> cultivars are sterile and do not create a problem. |
| <i>Calendula</i> spp. | English marigold, pot marigold | Annual – will self-sow |
| <i>Coreopsis</i> spp. | Coreopsis, tickseed | Annual, perennial |
| <i>Cosmos bipinnatus</i> | Cosmos, Mexican aster | Annual – will self-sow |
| <i>Dahlia</i> spp. | Dahlia | Look for open nectaries, single row of petals or collarette, tree dahlias. |
| <i>Echinacea</i> spp. | Coneflower | Perennial |
| <i>Fuchsia excorticata</i> * | Fuchsia, tree fuchsia, kotukutuku | Native, shrubs/trees |
| <i>Gaillardia</i> spp. | Blanket flower | |
| <i>Hebe</i> spp. (now <i>Veronica</i> spp.)* | Hebe | Native, shrubs/trees |
| <i>Hoheria populnea</i> * | Hoheria, lacebark, ribbonwood | Native, shrubs/trees |
| <i>Olearia</i> spp. | Olearia, tree daisy | Native, shrubs/trees |
| <i>Pentas lanceolata</i> | Pentas | Perennial |
| <i>Pericallis</i> spp. | Cineraria | Annual – will self-sow |
| <i>Rudbeckia</i> spp. | Rudbeckia, black-eyed Susan, coneflower | Perennial |
| <i>Tagetes</i> spp. | Marigold, French marigold, Mexican marigold, African marigold | Annual and perennial |
| <i>Tithonia</i> spp. | Mexican sunflower, Golden flower of the Incas | Annual/perennial |
| <i>Zinnia</i> spp. | Zinnia | Annual – will self-sow |

*native